



FRANCESCO AREZZO
RI PRESIDENT 2025-26



Dr. Kameswar Singh Elangbam
DIST GOVERNOR 2025-26



DR SAIDA PARVEEN
President 2025-26



Rtn. Dr. Sujan Sarkar
Secretary 2025-26

Service

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Secretary : Rtn. Dr. Sujan Sarkar

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Rtn. Binoy Kumar Pathak
Editor RY 2025-2026

Editorial

Very Good Evening Rotarians,

The Rotary Foundation (TRF) special drive is running through this moMother and Mamma are the sweetest words which soothes ears and and whole paradigm of physique and psyche.

The bond between a mother and child is one of the most profound and enduring relationships in human experience. Physically a mother's body undergoes significant changes during pregnancy, childbirth, and lactation, fostering a deep biological and psychological bond with her child. This physical connection lays the foundation for a lifelong emotional bond, as the mother's body responds to her child's needs, promoting feeling of nurtueing and care. The physical touch and closeness between mother and child also simulate the release of 'oxytocin'. Often referred to as the "love hormon" which strengthens their emotional connection.

The mental and emotional relationship between a mother and child is equally significant. A mother's mental health and well being have a profound impact on her child's imotional development, social skills, and cognitive functions. A nurturing and supporting mother-child relationship can help regulate a child's stress response, promote imotional resilience, and foster a sence of security and trust. Conversely a strained or insecure relationship can have negative effects on a child's mental health and well being. By prioritising their relationship and engaging in activities that promote bonding, mothers can help their children develop healthy imotional regulation, social skills, and a strong sense of self.

The psycological relationships between a child and mother is shaped by their interactions, experiences, and attachment style. A secure attachment



between mother and child is critical for healthy psychological development, as it provides a sense of safety and security that allows children to explore and navigate their environment. Mothers can promote a secure attachment by responding sensibly to their child's needs, providing emotional support, and engaging in activities that promote mutual understanding and connection. By fostering a positive and supportive relationships, mother can help her child develop a strong sense of self, healthy relationships, and a resilience that will serve them well throughout their lives.

Proceedings of 3306th Regular Weekly Meeting of Rotary Club of Burdwan held on 20.11.2025 at 6.30 p.m. at Rotary Bhaban, Borehat, Burdwan.

President, Rtn. Dr Saida Parveen called the meeting to order.

Members sang 'National Anthem'.

Object of Rotary was recited by Rtn. Arjun Prasad Sharma.

PP Rtn. Dr Mahmood Hossain read over the 4-way test.

Proceedings of 3305th Regular Weekly Meeting circulated among the members were confirmed.

Presidential announcement:

President along with some members visited Guru Nanak School on 14th November, the Children's day and provided protein food as well as learning materials to the students. The students of Gurunanak School presented a heart-touching programme. Our members contributed to provide protein food and learning materials.

Rtn Amit Bhagat reported that about 15 eye patients will be operated upon cataract operation on Sunday.

The RWM scheduled to be held on Saturday has been cancelled due to non-availability of awardees on that day.

60 students are going to participate in RYLA from 21st Nov. to 23rd Nov. at Magnus Global School. The programme will start at 5 p.m. on 21st Nov.

PP Rtn. Dr Pallavi Maji showed enormous enthusiasm for the RYLA programme. This is the first time that RYLA is going to hold at Burdwan.



The members of Nominating Committee convened a meeting on 14th November at 6.30 p.m. at our club building. They proposed the name of Rtn. Dr Sujan Sarkar as President Elect for the year 2025-26.

PP Rtn. H.N. Khandelwal requested the members to contribute in TRF fund.

In Secretarial announcement Rtn. Dr Sujan Sarkar informed that a Public Image Seminar will be hosted at Durgapur.

Rtn. Chuya Panja made the following fellowship announcement.

Wedding Anniversary of: 1) Rtn. Dipanjan Dutta & Maitreyee on 21st November 2) Rtn. Sabyasachi Nandi & Rudrani on 23rd Nov. 3) PP Rtn. Ashok Saraogi & Suman on 24th Nov. 4) Rtn. Partha Sarathi Dey & Sarada on 26th Nov.

Members wished many more happy returns of the day.

Rtn. Dr Arindam Mondal, Sergeant- At- Arms reported as follows.

Total members ...83

Members present...27.

The meeting was adjourned.

President.

RWN





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